

# st Joey's Tuckshop Menu 2016

## Morning Tea Only

<b>Baby Ham &amp; Egg Pie</b> Leg ham & egg baked in a bread case	\$1.80
<b>Raisin Toast</b> (1 slice) Thick cut toast with spread	\$1.00
<b>Pikelets</b> x 2 with butter & jam	\$1.00
<b>Apple Custard Crunch</b> pie apple & custard with a crunchy oat topping	\$2.00

## Morning Tea & Lunch

<b>Fruit Salad Cup</b> Salad of fresh seasonal fruit pieces	\$1.20
<b>Fruity Custard Cup</b> Fruit salad with light vanilla custard	\$1.80
<b>Pot Luck Homebake</b> Gluten free available on request	\$1.00
<b>Lavash Bread Crisps</b> Toasted crisp lavash bread chips, lightly seasoned.	\$1.20
<b>Homemade Dip</b> Choose Hommus or Sour Cream & Salsa	80c
<b>Popcorn</b> Air popped & lightly seasoned (gluten free)	\$1.20

## Sandwiches and Wraps

### Lunchtime Only

<b>Salad</b> tomato, lettuce, cucumber, carrot, & mayonnaise.	\$3.00
<b>Ham, Chicken, Tuna, Egg or Cheese</b> <b>Add Salad</b>	\$3.00 \$3.50
<b>Vegemite, Jam or Honey</b>	\$1.50
<b>Wraps</b> add extra	+ 50c
<b>Avocado</b> add extra	+ 50c
<b>Cheese</b> as an extra	+ 50c
<b>St Joey's Salad Tub</b> lettuce, tomato, cucumber, carrot, celery, lavash crisp croutons & hommus	\$3.50
<b>Add Chicken, Egg, Tuna, Ham, Cheese or Avo</b>	\$4.50

## Drinks

### Both breaks

<b>300ml Flavoured Milk</b> Chocolate, Banana or Strawberry	\$2.00
<b>100% Juice Poppers</b> Apple or Orange & Mango	\$1.70
<b>300ml Plain Milk</b>	\$1.70

## Hot Stuff

### Lunchtime Only

<b>Homemade Pizza Square</b> -Italian Beef (Beef & Olive) -Malibu Chicken (Chicken breast & Pineapple) -Vegetariano (Tomato & Olive)	\$3.60 \$3.60 \$3.50
<b>Mild Chicken Curry</b> with rice & pappadums (GF)	\$4.00
<b>Chicken Sticks</b> marinated chicken tenderloins with fried rice & sweet & sour sauce (GF)	\$4.00
<b>Chinese Style Fried Rice</b> a tasty vegetarian & gluten free option	\$2.50
<b>Homemade Sausage Rolls</b> tasty handmade beef sausage rolls wrapped in light fillo pastry	\$2.90
<b>Tomato or BBQ sauce</b>	20c



## St Joseph's Tuckshop Menu

**2016**

Tuckshop will be open Wednesday & Friday for online & bag orders only. **We are not open for children to purchase over the counter.**

**We prefer orders to be made online at [www.flexischools.com.au](http://www.flexischools.com.au)**

If you choose to bag order, please write your child's name, class, lunch or morning tea, order & prices on a brown paper bag & place it in your class tuckshop basket. **Please use separate bags for morning tea & lunch**

Do not tape or staple bags, fold several times to enclose money. No envelopes please, a **10c charge applies for paper bags supplied when bag ordering.**

Correct money is appreciated. Change will be taped to your child's order bag.

**Order the easy way!**

Register at

[www.flexischools.com.au](http://www.flexischools.com.au)

to see our extra menu items

exclusive to our online

customers!

**If you have any queries, please contact us:**

Phone: 54419222

E-mail: [pnambour@bne.catholic.edu.au](mailto:pnambour@bne.catholic.edu.au)

E-mail: [letheridge@bne.catholic.edu.au](mailto:letheridge@bne.catholic.edu.au)

**NB:** Tuckshop menu, days & prices may be revised and adjusted as needed

At St Joseph's Tuckshop we endeavour to provide fresh, homemade, healthy food choices for your children.

This term, when you help out at Tuckshop, your kids will be supplied with morning tea or lunch depending on the time you have to spare.

**\*\* Please be aware that we do not supply items from our online menu to paper bag orders. Register @ [www.flexischools.com.au](http://www.flexischools.com.au) to order from our extended menu\*\***